UNDERSTANDING YOUR CHILD
SOLIHULL APPROACH

ourplace

NHS
Lanarkshire

NHS

Online courses for residents of Lanarkshire

1. Understanding pregnancy, labour, birth and your baby

Online course for everyone around the baby: Mums, Dads, Grandparents, friends and relations. Written by Registered Midwives and NHS Professionals.

Access code: **LANERCH1** - North Lanarkshire, **OWEN123** - South Lanarkshire

2. Understanding your baby

Online course for everyone around the baby: supporting you and the new arrival. Written by Psychologists, Psychotherapists and Health Visitors.

Access code: **LANERCH2** - North Lanarkshire, **OWEN123** - South Lanarkshire

3a. Understanding your child (0-19 yrs) (main course) or 3b. Understanding your child with additional needs

Popular online course about being the best parent, grandparent or carer you can be. Award winning with trusted content.

Access code: **LANERCH3** - North Lanarkshire, **OWEN123** - South Lanarkshire

4. Understanding your teenager's brain (short course)

Find out what happens to the brain in adolescence and how this explains some of the changes you may have noticed in their behaviour.

LANERCH3 - North Lanarkshire, **OWEN123** - South Lanarkshire

5. Understanding your brain (for teenagers only!)

Find out what changes happen to your brain during adolescence.

LANERCH3 - North Lanarkshire, **OWEN123** - South Lanarkshire

Go to:

www.inourplace.co.uk

and enter the relevant 'access code' to gain FREE (prepaid) access

For technical support contact:
solihull.approach@heartofengland.nhs.uk
or 0121 296 4448 Mon-Fri 9am-5pm

www.inourplace.co.uk
www.solihullapproachparenting.com